

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28 7:30am - Reserved lane 9:45am - Sunday Trail	29 7:30am - Reserved lane 9am - Ladies Dup. Bridge 9:30am - Video Aerobics 12:30pm - Bridge Men 12:30pm - Ladies Bridge 1pm - Snooker ladies	30 7:30am - Reserved lane 8:30am - Co-ed Fitness 9:30am - Art Club 9:30am - Pilates 9:30am - Ramblers @ 10:30am - Fitness 101	31 7:30am - Reserved lane 9am - Hatha Yoga 9am - Men's Breakfast 9am - Stretch Video 9:30am - Glassworks 9:30am - Video Aerobics	1 7:30am - Reserved lane 8:30am - Co-ed Fitness 9:30am - Yogalates 10:30am - Fitness 101 1pm - Ladies Snooker 1:30pm - Knitters	2 7:30am - Reserved lane 9am - Classic Stretch 9am - Hatha Yoga 9:30am - Art Club 9:30am - Video Aerobics 10:30am - Friday Coffee	3 7:30am - Reserved lane
4 7:30am - Reserved lane 9:45am - Sunday Trail 2pm - Private reservation	5 7:30am - Reserved lane 9am - Ladies Dup. Bridge 9:30am - Video Aerobics 10am - Paws on the 12:30pm - Bridge Men 12:30pm - Ladies Bridge	6 7:30am - Reserved lane 8:30am - Co-ed Fitness 9:30am - Art Club 9:30am - Pilates 9:30am - Ramblers @ 10:30am - Fitness 101	7 7:30am - Reserved lane 9am - Aging Wellness & 9am - Aging Wellness & 9am - Hatha Yoga 9:30am - Glassworks 12:30pm - Mahjong	8 7:30am - Reserved lane 8:30am - Co-ed Fitness 9:30am - Yogalates 10:30am - Fitness 101 1pm - Ladies Snooker 1:30pm - Knitters	9 7:30am - Reserved lane 9am - Classic Stretch 9am - Hatha Yoga 9:30am - Art Club 9:30am - Video Aerobics 10:30am - Friday Coffee	10 7:30am - Reserved lane
11 7:30am - Reserved lane 9:45am - Sunday Trail	12 7:30am - Reserved lane 9am - Ladies Dup. Bridge 9:30am - Video Aerobics 12:30pm - Bridge Men 12:30pm - Ladies Bridge 1pm - Snooker ladies	13 7:30am - Reserved lane 8:30am - Co-ed Fitness 9:30am - Art Club 9:30am - Pilates 9:30am - Ramblers @ 10:30am - Fitness 101	14 7:30am - Reserved lane 9am - Hatha Yoga 9am - Men's Breakfast 9am - Stretch Video 9:30am - Glassworks 9:30am - Video Aerobics	15 7:30am - Reserved lane 8:30am - Co-ed Fitness 9:30am - Yogalates 10:30am - Fitness 101 1pm - Ladies Snooker 1:30pm - Knitters	16 7:30am - Reserved lane 9am - Classic Stretch 9am - Hatha Yoga 9:30am - Art Club 9:30am - Video Aerobics 10:30am - Friday Coffee	17 7:30am - Reserved lane 4pm - Tennis Club Event
18 7:30am - Reserved lane 9:45am - Sunday Trail	19 7:30am - Reserved lane 9am - Ladies Dup. Bridge 9:30am - Video Aerobics 12:30pm - Bridge Men 12:30pm - Ladies Bridge 1pm - Snooker ladies	20 7:30am - Reserved lane 8:30am - Co-ed Fitness 9:30am - Art Club 9:30am - Pilates 9:30am - Ramblers @ 10:30am - Fitness 101	21 7:30am - Reserved lane 9am - Hatha Yoga 9am - Men's Breakfast 9am - Stretch Video 9:30am - Glassworks 9:30am - Video Aerobics	22 7:30am - Reserved lane 8:30am - Co-ed Fitness 9am - Private Council 9:30am - Yogalates 10:30am - Fitness 101 1pm - Ladies Snooker	23 7:30am - Reserved lane 9am - Classic Stretch 9am - Hatha Yoga 9:30am - Art Club 9:30am - Video Aerobics 10:30am - Friday Coffee	24 7:30am - Reserved lane 5pm - Karaoke set up 7pm - Karaoke
25 7:30am - Reserved lane 9:45am - Sunday Trail	26 7:30am - Reserved lane 9am - Ladies Dup. Bridge 9:30am - Video Aerobics 12:30pm - Bridge Men 12:30pm - Ladies Bridge 1pm - Snooker ladies	27 7:30am - Reserved lane 8:30am - Co-ed Fitness 9:30am - Art Club 9:30am - Pilates 9:30am - Ramblers @ 10:30am - Fitness 101	28 7:30am - Reserved lane 9am - Hatha Yoga 9am - Men's Breakfast 9am - Stretch Video 9:30am - Glassworks 9:30am - Video Aerobics	29 7:30am - Reserved lane 8am - Monthly Council 1pm - Ladies Snooker 1:30pm - Knitters 2pm - The Ridge Kids 6:30pm - Table Tennis	30 7:30am - Reserved lane 9am - Classic Stretch 9am - Hatha Yoga 9:30am - Art Club 9:30am - Video Aerobics 10:30am - Friday Coffee	1 7:30am - Reserved lane